



**FITPAWS**



**paw  
prosper**



# MADE TO MOVE

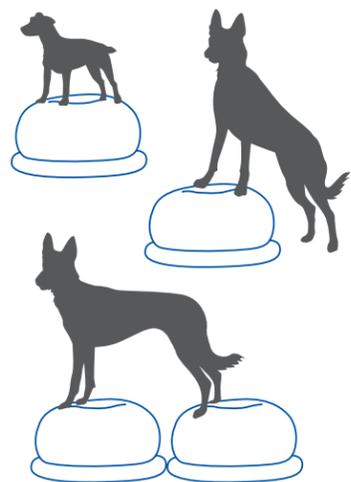
At FitPaws®, we admire dogs and people who work with dogs. We admire the passion, the love, the hard work, the devotion, the belief that dogs will give their best...and that we can also give OUR best to dogs.





# DOG BALANCE DONUT

**NEW Surface**  
Special TRAX™ Design Provides Superior Grip and Stability  
Features TRAX™ Neuro Stimulation Bumps.



## BENEFITS

- Build Confidence
- Improve Fitness
- Focus Attention
- Strengthen Muscles

## FitPaws® Balance Donut:

- Superior Gripping
- Heavy-Duty Dog Design Resists Punctures
- Wide Base Makes Stability Easier
- Inflation Pump Included

Circular Product Holder: (Sold Separately)



Balance Your Dog's Mind and Body

Give them a Workout!  
Increase mobility, performance, and prevent Injuries. The FitPaws® Dog Donut Ball will improve your dog's core strength, flexibility, body awareness, fitness, and confidence, all while building a better bond with your dog.

Develop a Stronger Bond with Your Dog

Improve Core Strength for Less Injury



Get K9FIT  
15 Minutes a Day!



# BALANCE CIRCULAR PRODUCT HOLDER

## BENEFITS

- Trick Training
- Limb Awareness
- Add Stability

Try using the FitPaws® Circular Product Holder as a hand-held, jump-through ring for trick training, agility-tire-jump training, and fun aerobic exercise with your family dog.

The FitPaws® Circular Product Holder is also an important safety tool for the animal rehab practitioner who is using the FitPaws® Donut, Rocker Boards, Wobble Boards or add to the K9FITbone for weight bearing therapy after surgery.



The FitPaws® Circular Product Holder is an inflatable ring that helps stabilize the FitPaws® Donut and other products, like the FitPaws® Wobble Board and Donut. This is a good training tool to build confidence if your dog is new to balance exercise.

Trick Training

Builds Confidence

Limb Awareness

Stabilizes Products





# 14" DOG BALANCE DISC

## BENEFITS

- Beginner Balance Training
- General Fitness
- Rehabilitation

## FitPaws® Balance Disc:

- \*14" (13.5 cm) Balance Platform
- 2 Surface Textures - Ribbed/Bumps
- Use Separately or Combine Multiple Discs

\*Approx. Size



Great for Indoor Exercise Games

Textured Surface for Neural Stimulation

Low-Level Balance Challenge

The FitPaws® Dog Balance Disc turns any flat surface into an active one. Changing the level of air in the cushion encourages your dog to engage different muscles to maintain balance. The micro-movements created in the body from the act of balancing strengthens the core and limbs.



# GIANT BALANCE DISC

## BENEFITS

- Beginner Balance Training
- General Fitness
- Rehabilitation

### FitPaws® Giant Balance Disc:

- \*22" (35.5 cm) Balance Platform
- 2 Textures - Smooth/Bumps

\*Approx. Size



The FitPaws® Dog Giant Balance Disc turns any flat surface into an active one. Changing the level of air in the cushion encourages your dog to engage different muscles to maintain balance. The micro-movements created in the body from the act of balancing strengthens the core and limbs.



General Fitness

Beginner Balance Training

Rehabilitation

**GREAT FOR INDOOR EXERCISE GAMES!**



**NEW**

**Anti-Skid  
BOTTOM!**



# DOG PAW PODS

## BENEFITS

- Stack Training Coordination
- Independent Limb Awareness
- Dynamic Balance Challenge

## FitPaws® Paw Pods:

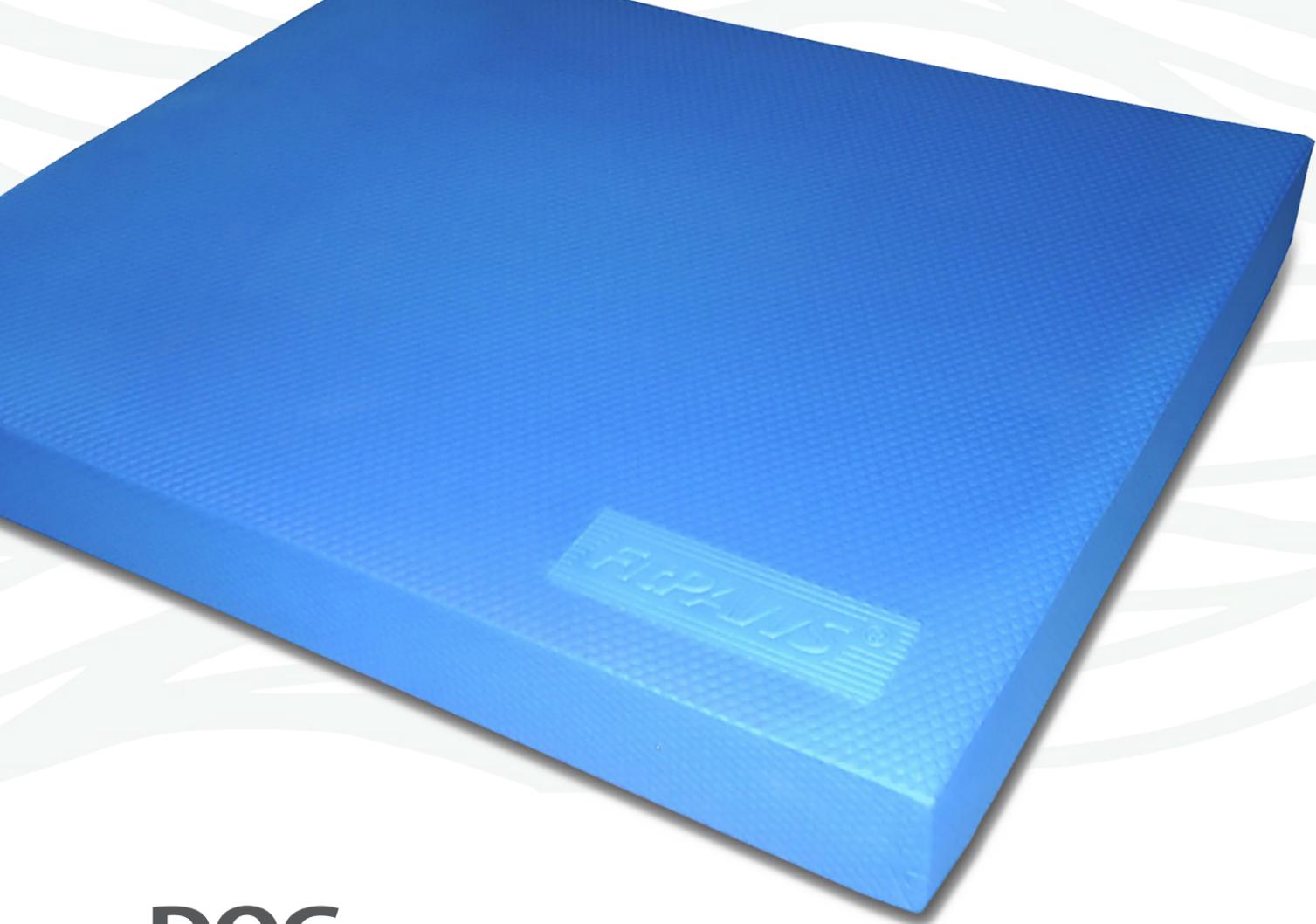
- 4 Assorted Colors
- 2 Textures - Flat/Bumps
- Anti-Skid Bottom
- Mesh Storage Bag



Improve your dog's dynamic balance, independent limb awareness, and coordination with FitPaws® Paw Pods. Arrange the pods with flat-side down for more stabilization or flat-side up for more balance challenge.



**GREAT FOR INDOOR  
EXERCISE GAMES!**



# DOG BALANCE PAD

## BENEFITS

- Stack Training Coordination
- Independent Limb Awareness
- Dynamic Balance Challenge

### FitPaws® Balance Pad:

- Closed-Cell Foam Construction
- Easy to Clean
- 15" x 18.25" x 2" (38.1 cm x 46.35 cm x 5.08 cm)

The destabilizing qualities of the foam Balance Pad make an effective training tool for improving motor skills and balance. The yielding foam construction constantly challenges the dog's body to maintain balance and stabilize joints.



Boost Motor-Skill Training

Perfect for Training Balance to Beginners

Great for Rehabilitation

Improve Joint Stability

The FitPaws® Balance Pad also provides low balance challenges for dogs recovering from injury. You can create varying degrees of balance challenges by stacking two or more balance pads on top of one another, or you can customize for use with larger dogs by using two balance pads side-by-side.



**\*Sizes**

- 40cm – yellow
- 50cm – red
- 60cm – blue
- 70cm – yellow
- 80cm – red

\*Approx sizes

**Special TRAX™ Design Provides Superior Grip and Stability  
Features TRAX™ Neuro Stimulation Bumps.**

# DOG BALANCE PEANUT



**BENEFITS**

- Build Core Strength
- Promote Good Form
- Boost Confidence
- Improve Joint Health

**FitPaws® Balance Peanut:**

- Provides Non-Slip Bumps
- Resists Damage Caused by Dog Nails
- Professional-Grade, Heavy-Duty PVC Material
- Saddle (Dipped Center) Provides Stability
- Change Balance Challenge with More or Less Air
- Sizes Available for All Breeds
- Inflation Pump Included



**Strengthen Muscles  
of Entire Body**

The unique, elongated-peanut design provides a dog-specific-training platform that promotes better form and a more stable training platform than regular, round exercise balls. The versatile, peanut shape targets front-to-back or side-to-side movements, important to dogs that are new to core conditioning training.

**TRAX™ Neuro  
Stimulation Bumps on  
40, 50 and 60 for Better  
Traction**

**Center Cradle Ideal  
for Stretching**

**Special Dog-Specific  
Shape Promotes Proper  
Form and Alignment**



**Get K9FIT  
15 Minutes  
a Day!**



# DOG ROCKER BOARD

## BENEFITS

- Improve Body Awareness
- Develop Balance Confidence
- Condition and Strengthen
- Contact Training

## FitPaws® Rocker Board:

- Extra-Wide 30" x 30" (75 cm x 75 cm) Surface
- 1.5" (4 cm) Center Fulcrum Bar
- Padded, Non-Slip Textured Training Mat (Removable)



Improve Sense of  
Body Awareness

Single Plane Movement  
Provides More Control

Extra-Wide Contact  
Surface Just for Dogs

The FitPaws® Rocker Board is perfect for dogs new to balance training, seniors, and puppies. The back and forth movement in one plane is a great place to start for dogs not fully confident in their balance.



# DOG TRAINING TARGETS

**Target training games can be a fun and engaging way to teach your dog to:**

- Step on a specific mark
- Get used to a piece of new equipment
- Stay in a particular place
- Learn body awareness
- Learn Conformation Stacking

FitPaws® Targets are packaged with four flexible Targets (2 blue, 2 yellow) in the colors that dogs see best! Each Target is 10" in diameter.



Train New Behaviors

Place one Target on the floor and use a clicker or treats to reward your dog when they show interest in the Target. You can start by luring them with a treat in front of their nose and then directly above the Target (1). Progress to rewarding your dog when their foot is on the Target (2). Then move the Target to different spots and see if your dog can learn the game (3).

Help Introduce Dogs to New Equipment

Use for Adding Extra Traction on Other FitPaws® Gear

**GREAT FOR INDOOR EXERCISE GAMES!**



# DOG WOBBLE BOARD

## BENEFITS

- Multi-Directional Balance
- Improve Body Awareness
- Increase Range of Motion
- Condition and Strengthen

## FitPaws® Wobble Board:

- Non-Slip Textured Surface
- 360-Degree Dynamic Rotation

## Choose From Two Sizes: 20" and 36"

- 20" (50 cm) – Includes 2.5" Fulcrum
- 36" (92 cm) – Includes 3 Interchangeable Fulcrums



Moving Board  
Engages Core Muscles

Target Specific Limbs for  
Muscle Strengthening

Boost Motor-  
Skill Training

The FitPaws® 36" and 20" Wobble Boards are great dynamic balance training tools to add to your dog's cross-training, as they rotate a full 360°. Your dog will not only develop motor-skills, but will also improve its core strength as it works to maintain its center of gravity on the board. Training regularly on the FitPaws® Wobble Board is a good way to maintain strong joints, range of motion, and mobility.

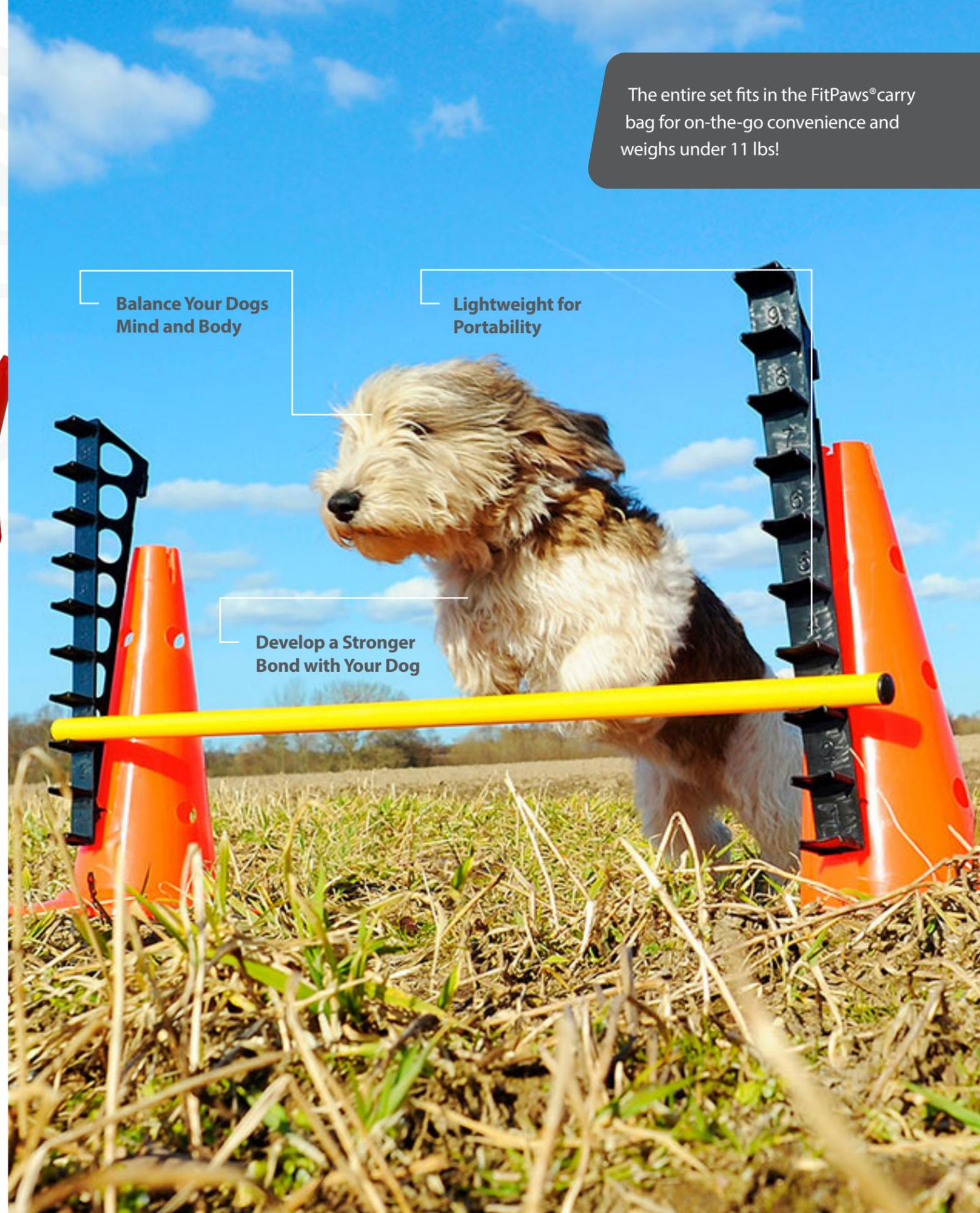


# DOG HURDLE SET

## BENEFITS

- Cardio
- Agility
- Gait Training
- Body Awareness

The FitPaws® Hurdle Set is an incredible value for the backyard agility enthusiast, traveling animal rehab practitioner, or professional dog trainer. This completely adjustable and portable dog-agility cone and hurdle set includes four 40" jumping bars, eight highly-visible orange hurdle cones with cut-out holes for additional bar configurations, eight height-adjustment attachments and a black nylon carry bag for on-the-go convenience. Weighs under 11 lbs!



The entire set fits in the FitPaws® carry bag for on-the-go convenience and weighs under 11 lbs!

Balance Your Dogs Mind and Body

Lightweight for Portability

Develop a Stronger Bond with Your Dog



# CanineGym® K9FITbone™

## BENEFITS

- Core and Limb Strength
- Create a Stronger Bond
- Great for All Dogs

## Fun. Balanced. Fitness.

Instability training on the K9FITbone helps build core muscles, body awareness, and balance.

- Assorted Colors
- 2 Textures - Flat/Bumps

CanineGym® Training Cards  
Available Online



Our new balance platform, shaped like a bone, provides fun and a greater sense of dog aesthetics. It is a well-rounded tool that packs a big punch. Just 15 minutes a day can improve your dogs fitness.

Indoor Instability  
Training

Sensory Stimulation

Lower Balance  
Challenges

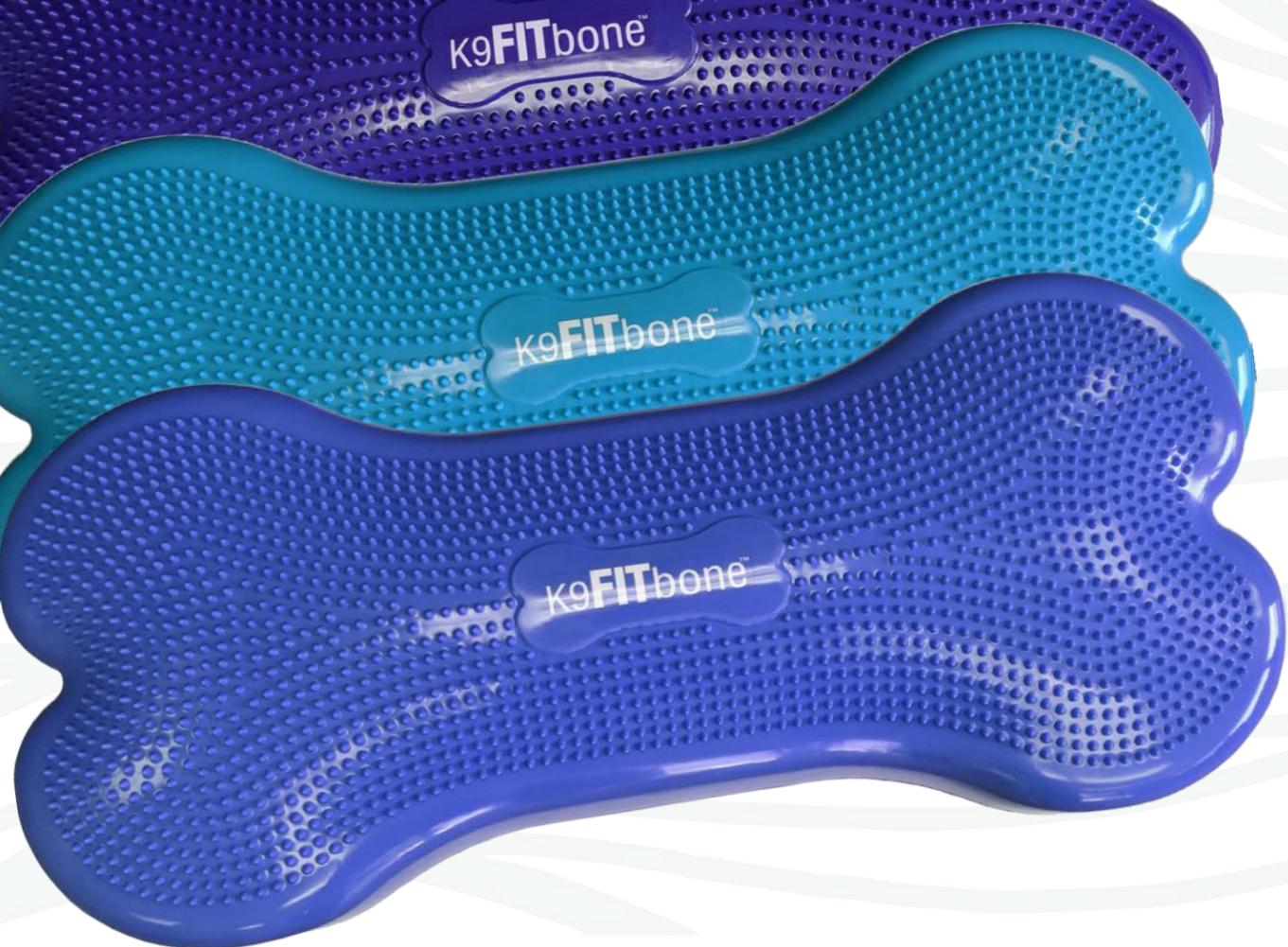
DIGITAL  
TRAINING  
CARDS



Patented Product



Get K9FIT  
15 Minutes  
a Day!



# CanineGym® Giant K9FITbone™

## BENEFITS

- Core and Limb Strength
- Create a Stronger Bond
- Great for All Dogs

## Fun. Balanced. Fitness.

Instability training on the K9FITbone helps build core muscles, body awareness, and balance.

- 2 Colors Turquoise and Violet
- 2 Textures - Flat/Bumps

## CanineGym® Training Cards Online.

Detailed Online Exercise Cards

Make Training Simple, Convenient, and Fun



Compare all three  
K9FITbone sizes

# CanineGym® Mini K9FITbones™

## BENEFITS

- Core and Limb Strength
- Create a Stronger Bond
- Great for All Dogs

## Fun. Balanced. Fitness.

Instability training on the K9FITbone helps build core muscles, body awareness, and balance.

- 3 Colors - SET of 2 Blue, 2 Razzleberry or 2 Mango
- 2 Textures - Flat/Bumps

## CanineGym® Training Exercises

- Online Exercise Ideas
- Make Training Simple, Convenient, and Fun





# Dog Balance Ramp

## BENEFITS

- Beginner Balance Training
- General Fitness
- Rehabilitation
- Use with other FitPaws® Products

**FitPaws® Ramp:** \*14" Balance Platform

- Textures Surface - Ribbed/Bumps
- Use Separately or Combine with other FitPaws® products
- Inflation Pump (Sold Separately)

\*Approx. Size



"Ramp Up" to other  
FitPaws® equipment





# CanineGym® Dog Agility Kit

## BENEFITS

- Cardio
- Agility
- Gait Training
- Body Awareness

## Indoor or Outdoor Fun

For every backyard agility enthusiast!

- 6, 12" Cones, 3 Height Adjustments
- 3 Collapsible, Interlocking Jumping Rails
- Lightweight for On-The-Go Portability
- CanineGym® Online Training Cards



Agility helps develop a stronger bond, confidence, and self-awareness for dogs of any age or breed. Practicing 3–5 times a week is recommended to improve body awareness, gait movement, and teaching collected balance.

Balance Your Dogs  
Mind and Body

Lightweight for  
Portability

Develop a Stronger  
Bond with Your Dog

DIGITAL+  
TRAINING  
CARDS



Get K9FIT  
15 Minutes  
a Day!



## Therapeutic & Conditioning Equipment for Your Practice

FitPaws® Canine Rehabilitation and Conditioning Equipment is designed specifically for the unique needs of dogs. Because our products are versatile, they can be used by animal rehabilitation professionals, veterinarians, sport dog enthusiasts, and professional dog trainers, for core strengthening, indoor exercise, increased range of motion, flexibility, neuromuscular facilitation, sensory and perceptual stimulation, joint alignment, and balance control.

Ask FitPaws® to put together a Canine Rehabilitation Package perfect for your needs!



### Adjunct Diagnostic Tools

Dogs may demonstrate weakness or pain on an unstable surface versus the exam table or floor.



### Multiple Applications for Rehabilitation/Conditioning Programs

Various equipment types allow for multiple applications for any dog breed, size, or age.



### Balance is Part of All Movement

Good movement is dependent on balance. Implement a mix-and-match program for ultimate results.



# HOW TO RAISE A HAPPY DOG

If your dog is a loved pet and part of your family, you'll want to make sure they stay healthy and fit. FitPaws® Canine Conditioning Equipment is a fun and simple way to exercise your pet indoors!

Healthy dogs will tire in 5-10 minutes, 3-4 times a week. Because you are supervising their exercise and helping to stabilize the equipment, you'll spend some quality time with your pooch, which you'll both enjoy! It's a great opportunity to train with positive reinforcement and strengthen the bond between human and animal companion, while giving your dog a complete overall body workout. Your dog will love you for it.

## *Benefits to Active Living*

There are many benefits, beyond the emotional, that adding 3 to 4 activities can bring to your dog's schedule, here are just a few:

- Increased Trunk and Core Strength
- Stabilization of Weak Areas
- Improved Reaction and Control
- Improved Balance and Body Position Awareness
- Increased Range of Motion in Joints
- Elongation of the Muscles

## *Puppy's Need Exercise Too*

It's been said that "A tired puppy is a good puppy!" Often, destructive behaviors are due to a puppy that's not had enough exercise. FitPaws® products are perfect for helping get rid of puppies' excess energy, while giving them a beneficial physical and mental 'job' by teaching them new games, tricks, and behaviors.

The FitPaws® Donut is a must for any new puppy owner.

And a FitPaws® Circular Product Holder makes it even easier to start training your puppy. These inflatable products are low-impact and you can start as early as 8 weeks, with 3-5 minute training sessions.

Your puppy's tail will wag when they are rewarded for learning new behaviors on FitPaws® equipment, which enriches your bond with your new best friend. You can also improve your puppy's confidence and desensitize them to the wobbly motion of the car ride by playing games with them on the FitPaws® Wobble Board for short durations.

Improving your puppy's core strength, confidence, and body awareness puts them on the right track to living a longer, happier, and healthier life. A more active lifestyle strengthens your puppy for future injury prevention and overall well-being.

Dog breeders are encouraged to use the FitPaws® Giant Balance Disc to raise strong and confident puppies that easily transition to active family pack members.

## *Senior Dogs, Not Sedentary Dogs*

Our Senior dogs tend to lose muscle mass in their hind ends. Keep you senior dog in tip-top shape by incorporating consistent workouts on low-impact FitPaws® equipment.

Senior dogs need exercises that increase musculature in the hind end, which is why 'dog squats' and repetitions of sit-to-stand movements, on top of a FitPaws® Peanut, are perfect for them. You can also use the Peanut as an assisted-stand prop, while you help with the squat motion.

Doggie push-ups are a great exercise to increase shoulder strength. Try using a FitPaws® Balance Disc or Donut underneath your Senior dog's rear feet, with their front feet positioned on the ground. This shifts the weight to their shoulders, while challenging their center of gravity.

Strengthen the musculature surrounding your senior dog's joints to keep their joints healthy and nourished. As dogs age, they tend to lose their musculature and balance, so it's good to incorporate FitPaws® Training a few times a week to maintain a happy and healthy Senior pet.

## *Workouts for Weekend Athletes*

Even if your dog doesn't compete in sporting competitions, they will still benefit from core strengthening activities. Many active families take their

dogs on long hikes, jogs, and swims, or involve them in fun, yet strenuous, play activities, like fetch or catch. If your dog is a couch potato during the week and a weekend canine warrior, they are often more susceptible to injuries from having a weak core, being overweight, and overworked. It's important that these dogs have a conditioning program to prevent injuries. Just 5-10 minute sessions, 3-4 times a week on the FitPaws® Peanut will help improve core strength and muscle tone for injury prevention and increased weekend performance.

The FitPaws® Hurdle Set is extremely portable (weighing around 11 lbs and comes in its own carrying case) and is easy to take to the neighborhood park, for a fun course of running and jumping. Or try the Agility Set which breaks apart for easy storage!



# Trails Blazed DAILY!



## What the Experts are Saying!

### BOBBIE LYONS

"My clients and I choose FITPAWS® products because the company supports dog fitness, they stand behind their products, and produce their products with safety in mind. I use FitPaws® products to reduce the chance of injury and improve performance in sport dogs, by increasing strength, balance and body awareness. FitPaws® products have made a huge difference in the lives of my clients and their dogs."

*Bobbie Lyons, CSCC, CCFT, KPA CPT - founder*

### DR. KERRY FISHER

FitPaws® equipment has a place in every veterinary hospital and also in every dog owner's home. I've been using & recommending dynamic exercises for rehabilitation, injury prevention, conditioning, weight loss and behavioral challenges in dogs and cats since opening a veterinary pain management practice in 1996. It was exciting to find FitPaws®, It's evident that they share a love for the well being of dogs.

This equipment is a key part of any program for improving physical strength (including core strength), muscle balance, proprioception, confidence and the ability to perform daily activities and functional abilities. Dogs with lots of energy and little to do will get quite the workout, both mentally and physically, using FitPaws® equipment.

It's been rewarding to see the positive functional, physical and mental changes in the animals and the joy these changes bring to their owners! FitPaws® equipment requires little storage space and provides ongoing benefits to my patients.

*Dr. Kerry Fisher, DVM, CCRT, CCFT, FP-MTI*

### DR. SONNET JARVIS

"The FitPaws® equipment is fabulous for developing top line and improving posture in the show ring. I have helped several dogs achieve titles and points by using the entire line of balance equipment to improve form. The dogs love working on the equipment and

the dogs' parents love the results. Thanks FitPaws® for making quality equipment that makes a difference!"

*Dr. Sonnet Jarvis, DVM, CCRT, NASM-PT, NASM-CES, CCFT, FP-MTI*

### SHARI SPRAGUE

"I love my FitPaws® equipment. It is well made and their customer service is excellent. My patients love playing on the equipment and I love watching them gain strength and stability, as well as improve the weight bearing abilities and balance using different tools. In addition, I see many dogs gain confidence by using the different equipment. I enjoy being creative with the equipment, giving dogs different scenarios to play around with."

*Shari Sprague, MPT, CCRT, FP-MT*

### LISA BLANCHARD

"I utilize FitPaws® equipment on a daily basis to improve the balance, stamina, strength, mental focus, and flexibility of dogs of all walks of life. As a rehabilitation professional, I work with dogs that are geriatric, recovering from surgery, and canine athletes. The variety that is available in the FitPaws® equipment, allows me to customize programs to the individual needs of the client. I am very pleased with FitPaws® and I will continue to utilize and recommend it to my clients."

*Lisa Blanchard, BA, LVT, CMT, CCRP, CCFT, FP-MTI*

### DARRELL WILKERSON

"I use FitPaws® equipment for all of the working dogs that I personally train, own, or handle. The FitPaws® equipment has proven to increase balance, develop the core and enabled me to target specific muscle groups that each individual dog needs, in order to reduce the risk of injury. My experience with using the FitPaws® equipment in training is that the dogs are motivated, the training increases the bond between the handler and the dog, and generally makes for a more obedient canine."

*Darrell Wilkerson, CCFT, FP-MTI, Trainer & FEMA Instructor - Search and Rescue*



fitpaws.com  
info@fitpaws.com  
facebook.com/fitpaws  
Instagram: @fitpaws

